MEP9085779 (AA 2022/2023) 14 Feb 2023

Febrile Neutropenia

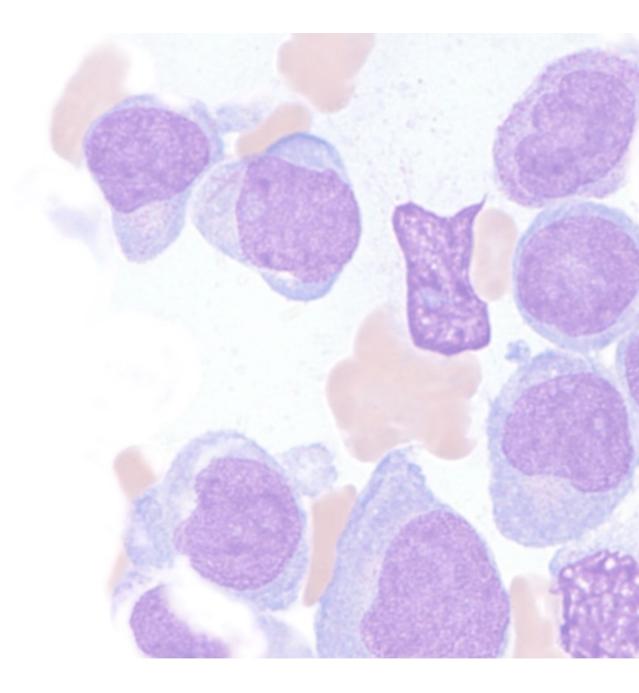
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Università degli Studi di Padova

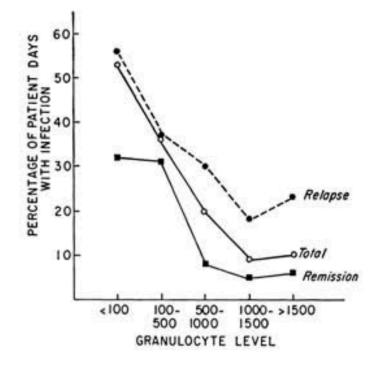
Objectives



Neutropenia with chemotherapy

- Virtually all antineoplastic drugs in the treatment of malignant diseases have a deleterious effect on the proliferation of normal hematopoietic progenitor cells
 - $\circ~$ Obliteration of the mitotic pool
 - $\circ~$ Depletion of the marrow reserve
- Antineoplastic drugs, glucocorticoids and irradiation also interfere with the function of nonproliferating granulocytes, resulting in:
 - Decreased chemotaxis
 - Diminished phagocytic capacity
 - o Defective intracellular killing
- Glucocorticoids seem to enhance granulocytopoiesis and mobilize the marginal and marrow pool reserve, but
 - o reduce accumulation of granulocytes at site of infection (reduced adherence)
 - o diminished chemotactic activity
 - o decreased phagocytosis and intracellular killing

What is the risk of infection as neutrophils counts fall?



Granulocyte Level		Episodes Total Fatal	
Initial Change "			
	/mm ³	no.	%
<100	None	15	80
<1,000	None or fall	44	59
<1,000	Rise, but still <1,000	15	40
<1,000	Rise to >1,000	26	27
>1,000	Rise	44	32

Bodey GP, Buckley M, Sathe YS, Freireich EJ. Quantitative relationships between circulating leukocytes and infection in patients with acute leukemia. Ann Intern Med. 1966;64:328-340.

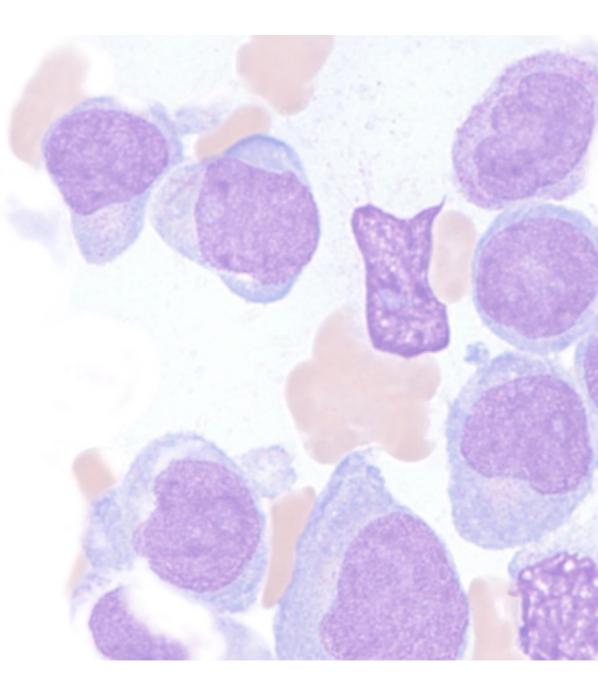
Febrile Neutropenia

- Single oral temperature ≥ 38.3° or temperature ≥ 38.0 sustained over 1-hour
- Absolute neutrophils count (ANC) = Total WBC x (% PMN + % banded neutrophils)
 - Neutropenia: Absolute neutrophil count < 1500 cells/µL
 - Severe neutropenia: 500 cells/µL, or an ANC expected to decrease to < 500 cells/µL in the next 48h
 - Profound neutropenia: ANC < 100 cells/µL
- Frequency of fever episodes during hospital admission:
 - Solid tumor patients: 5-10%
 - Non-leukemic, hematological malignancy 20-25%
 - Acute leukemia patients: 85-95%

Additional neutropenic fever definitions

- Microbiologically documented infection Neutropenic fever with clinical focus of infection and associated pathogens
- Clinically-documented infection- Neutropenic fever with at clinical focus (e.g., cellulitis, pneumonia) but without isolation of an associated pathogen
- Unexplained fever- Neutropenic fever with neither a clinical focus of infection without an identified pathogen

Pathogenesis



Innate immune cells

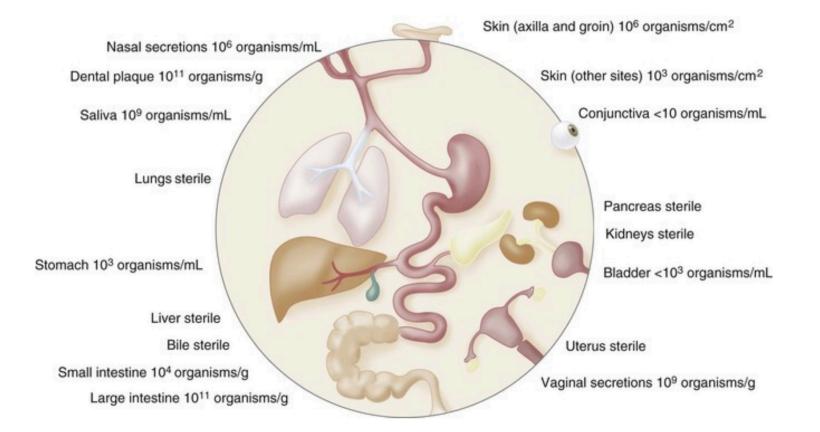
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Source	Molecules	Active against
Polymorphonuclear leukocyte (PMN)		
(1) Primary granules	Lysozyme, Myeloperoxidase	Bacteria, Fungi (with H_2O_2)
(2) Specific granules	Defensins, BPI, lactoferrin	Bacteria, fungi
Macrophage		
	Similar to PMN but no	Intracellular pathogens
	myeloperoxidase	(depletes arginine)
	Nitric oxide	
	Arginase	
Eosinophil		
	Cationic proteins	Worms (extracellular)
	Major basic protein	Worms (extracellular)
	Peroxidase	Worms (extracellular)
Natural killer cells		
	Perforins	Viral or bacterial-infected cells
	Granzymes	
	Granulysin	Bacteria, fungi

Contributory factors to the pathogenesis of neutropenic fever

- Direct effects of chemotherapy on mucosal barriers and the immune system
- Breeches in host defenses related to the underlying malignancy

Bacterial flora



WHO oral toxicity scale (mucositis)

Grade 1: Soreness and Erythema **Grade 2:** Erythema and ulcers, Patient can swallow food **Grade 3** Ulcers with extensive Erythema; Cannot swallow food **Grade 4** Alimentation is not Possible

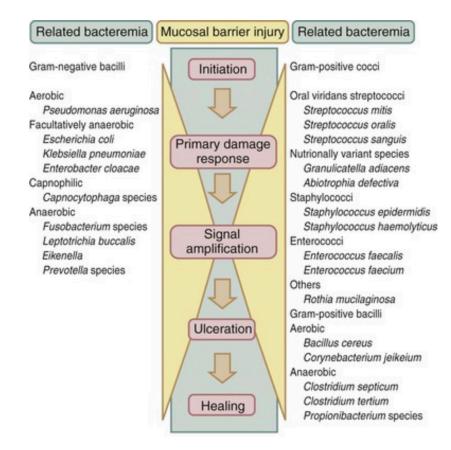




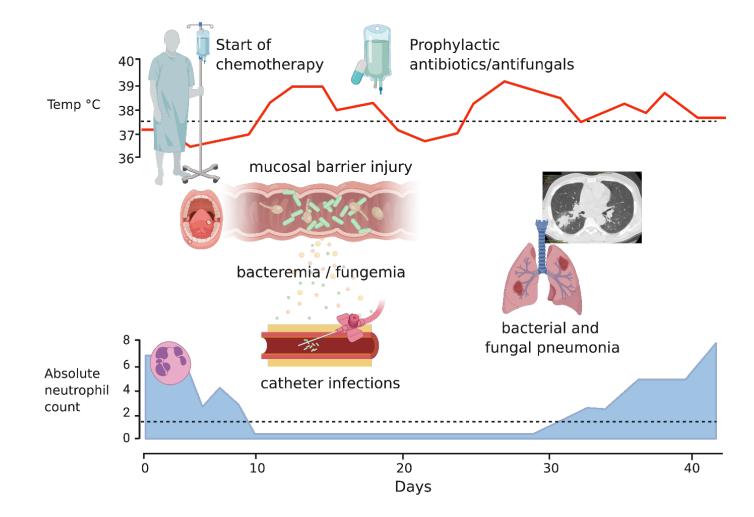




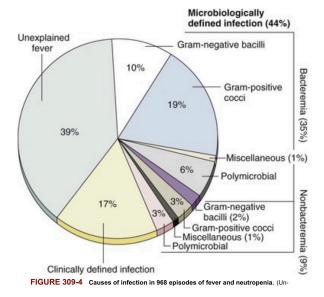
Mucosal barrier injury induced by cytostatic chemotherapy



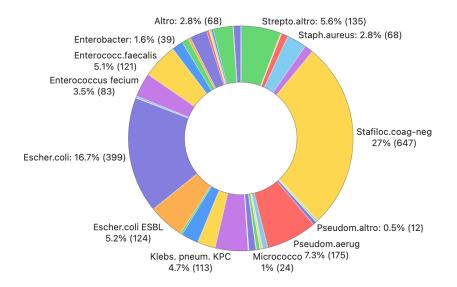
Sequence of infection in febrile neutropenia



Most common bacterial pathogens



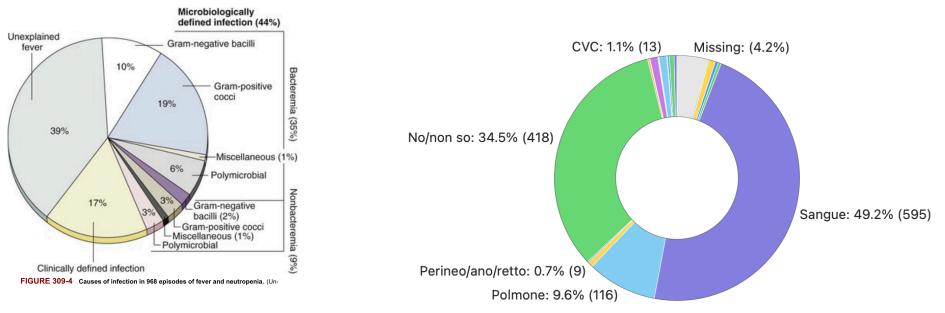
Seràgnoli Hematology Institute, Bologna



Neutropenic fever

- Infectious source documented in 20-30% of episodes
- · Bacteremia documented in 10-25% of patients
- Aerobic Gram-positive and Gram-negative

Most common sites of infection



Seràgnoli Hematology Institute, Bologna

Risk of infection vs. duration of neutropenia

Phase I (1-10 days)	Phase II (10-27 days)	Phase III (≥ 27 days)
CoNS Staphylococcus Enterobacteriaceae Viridans streptococci Anaerobes Enterococcus C. difficile	MRSA VRE Resistant GNR + S. maltophilia	+ Invasive moulds
Herpes simplex +/- Candida spp.	Herpes simplex Candida spp.	

Caveat: Additional Pathogens of Concern in Patients with Suppressed Cell-Mediated Immunity

granuloma	Atypical mycobacteriumEndeLegionella spp.CrypListeria monocytogenesneojSalmonella typhiP. jir	gi dida spp. emic fungi otococcus formans oveci
macrophages, CD4+ T-helper lymphocytes	Тохо Сгур	asites pplasma gondii otosporidium hmania
CD8+ cytotoxic T-cells	VirusesAdenovirusHerpes simplexPolyomavirusesVaricella zosterInfluenzaCytomegalovirusParainfluenzaeHHV-6RSVEpstein-Barr	

Examples of common predisposing conditions-drugs: AIDS, allogeneic HSCT, high-dose corticosteroids, purine analogue chemotherapy (fludarabine), polyclonal and monoclonal T-cell depleting antibodies, temozolamide, T-cell depleting antibodies (alemtuzumab)

These pathogens are not covered by typical empiric regimens used for febrile neutropenia!

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ANTIMICROBIAL PROPHYLAXIS BASED ON OVERALL INFECTION RISK IN PATIENTS WITH CANCER

Overall Infection Risk in Patients with Cancer ^a	Disease/Therapy Examples	Antimicrobial Prophylaxis ^d
Low	 Standard chemotherapy regimens for most solid tumors Anticipated neutropenia less than 7 days 	 Bacterial - None Fungal - None Viral - None unless prior HSV episode
Intermediate	 Autologous HCT Lymphoma^c Multiple myeloma^c CLL^c Purine analog therapy (ie, fludarabine, clofarabine, nelarabine, cladribine) Anticipated neutropenia 7–10 days 	 Bacterial - Consider fluoroquinolone prophylaxis during neutropenia^e Fungal - Consider prophylaxis during neutropenia and for anticipated mucositis (<u>See INF-2</u>); consider PJP prophylaxis (<u>See INF-6</u>) Viral - During neutropenia and longer depending on risk (<u>See INF-3</u>, <u>INF-4</u>, <u>INF-5</u>)
High ^b	 Allogeneic HCT including cord blood Acute leukemia Induction Consolidation/maintenance Alemtuzumab therapy Moderate to severe GVHD Anticipated neutropenia greater than 10 days 	 Bacterial - Consider fluoroquinolone prophylaxis during neutropenia^e Fungal - Consider prophylaxis during neutropenia <u>(See INF-2)</u>; consider PJP prophylaxis <u>(See INF-6)</u> Viral - During neutropenia and longer depending on risk <u>(See INF-3, INF-4, INF-5)</u>

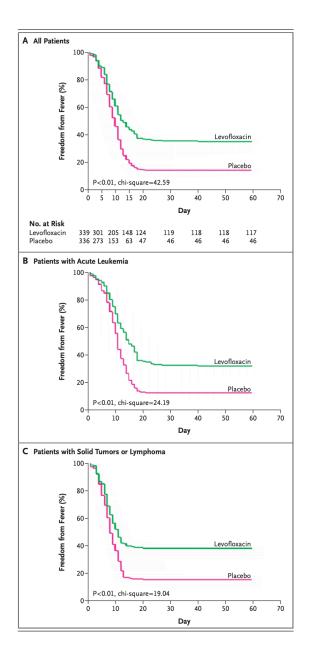


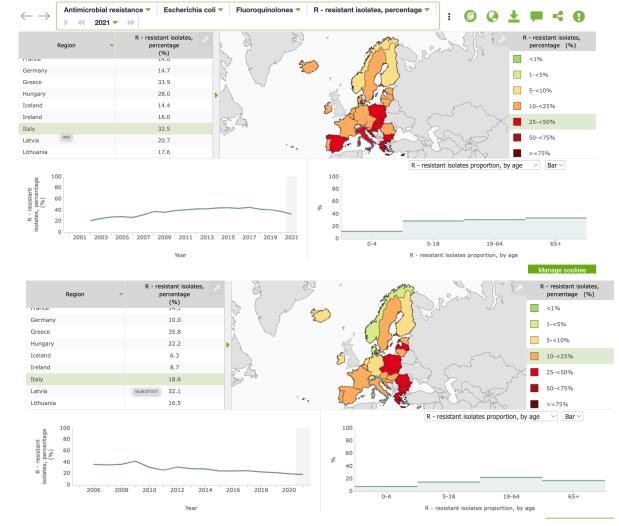
Table 3. Mortality Rates in the Treated Population.				
Variable	Levofloxacin (N=373)*	Placebo (N=363)	P Value	
	no. of patients			
Death	10	18	0.15	
Death due to infection	9	14	0.36	
Microbiologically documented infection	4	7	0.25	
Microbiologically documented infection with bacteremia	3	5	0.34	
Single gram-positive isolate	2	2		
Single gram-negative isolate	0	2		
Polymicrobial (gram-positive and gram-negative) isolate	1	1		
Microbiologically documented infection without bacteremia	1	2	0.48	
Single gram-positive isolate	0	1		
Single gram-negative isolate	1	1		
Clinically documented infection	2	4	0.33	
Lung	1	2		
Other site	1	2		
Fever of unexplained origin	3	3	0.64	
Death from noninfectious causes	1	4	0.17	

* Two patients were lost to follow-up.

Bucaneve G, Micozzi A, Menichetti F, et al. Levofloxacin to prevent bacterial infection in patients with cancer and neutropenia. *N Engl J Med* 2005; 353:977–987.

At what point of resistance does prophylaxis not work?

E. coli



P. aeruginosa

Other potential problems with fluoroquinolone prophylaxis besides resistance

- Decreased sensitivity of culture
- Microbiome effects?
- Increased risk of C. difficile colitis?
- QTc interval prolongation
- SMP labeling warnings for increased risk of aortic dissection, tendon

Clinical diagnosis and management

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Fever:

 Single temperature equivalent to ≥38.3°C orally

or

• Equivalent to ≥38.0°C orally over 1-hour period

Neutropenia:

- ≤500 neutrophils/mcL or
- ≤1000 neutrophils/mcL and a predicted decline to ≤500/mcL over the next 48 hours

- Complete H&P including supplemental history:
- ► Major comorbid illness
- Type and time since last chemotherapy
- Prior documented infections in the last 3 months
- Recent antibiotic therapy/prophylaxis
- Medications
- ► Use of devices
- Epidemiologically relevant exposures (eg, marijuana or cigarette smoking, vaping, injection drug use)
- Laboratory/radiology assessment:
- CBC with differential, comprehensive metabolic panel
- Consider chest x-ray and urinalysis

- Blood culture x 2 sets (one set = 2 bottles)
 - One peripheral + one catheter (preferred)^a
- Urine culture (only if patient has symptoms or abnormal urinalysis; exercise caution in interpreting results if urinary catheter is present)
 Site-specific diagnostics:
- Diarrhea (Clostridioides difficile [C.
- difficile] assay, enteric pathogen screen)
 - Skin (aspirate/biopsy of skin lesions or drainage)

->

- Viral diagnostics:
- PCR- and/or direct fluorescence antibody (DFA)-based tests for vesicular/ulcerated lesions on skin or mucosa
- Throat or nasopharynx for respiratory virus symptoms, especially during outbreaks

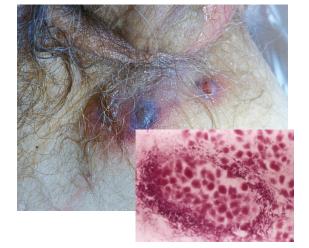
Skin lesions in neutropenic patients

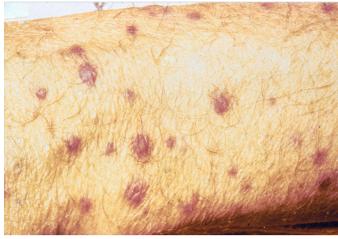






Ecythyma gangrenosum Most common (P. aeruginosa) (Invasive molds-Aspergillus, Fusarium)

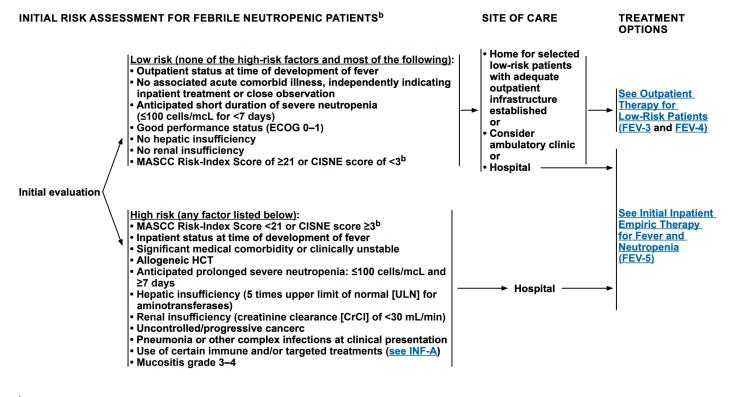




Skin Lesions in Disseminated Candidiasis



NCCN Clinical treatment guidelines 2022 Risk assessment



^b Risk categorization refers to risk of serious complications, including mortality, in patients with neutropenic fever. Risk stratification is validated in adults; no generalizable, cross-validated, risk-stratified management exists for pediatric patients with febrile neutropenia. <u>See Risk Assessment Resources (FEV-D)</u>.
^c Uncontrolled/progressive cancer is defined as any patients with leukemia not in complete remission, or patients with other cancers and evidence of disease progression after more than 2 courses of chemotherapy.



25

What is my patient's risk of serious complications?

RISK ASSESSMENT RESOURCES

Using the MASCC Risk-Index Score

- Using the visual analogue score, estimate the patient's burden of illness at the time of initial clinical evaluation. No signs or symptoms or mild signs or symptoms are scored as 5 points; moderate signs or symptoms are scored as 3 points. These are mutually exclusive. No points are scored for severe signs or symptoms or moribund.
- Based on the patient's age, past medical history, present clinical features, and site of care (input/output when febrile episode occurred), score the other factors in the model and total the sum.

How sick is the patient at presentation?				
No signs or symptoms	Mild signs or symptoms	Moderate signs or symptoms	Severe signs or symptoms	Moribund

CISNE Score/Model ³	
Characteristic	Points
ECOG PS ≥2	2
Stress-induced hyperglycemia	2
COPD	1
Chronic cardiovascular disease	1
Mucositis NCI grade ≥2	1
Monocytes <200/µL	1

¹ The MASCC Risk-Index Score is for adults on	ly. It does not apply to pediatric patients.

²Klastersky J, Paesmans M, Rubenstein EJ, et al. The Multinational Association for Supportive Care in Cancer risk index: a multinational scoring system for identifying low-risk febrile neutropenic cancer patients. J Clin Oncol 2000;18:3038-3051.

³Carmona-Bayonas A, Jimenez-Fonesca P, Virizuela Echaburu J, et al. Prediction of serious complications in patients with seemingly stable febrile neutropenia: validation of the Clinical Index of Stable Febrile Neutropenia in a prospective cohort of patients from the FINITE study. J Clin Oncol 2015;33:465-471.

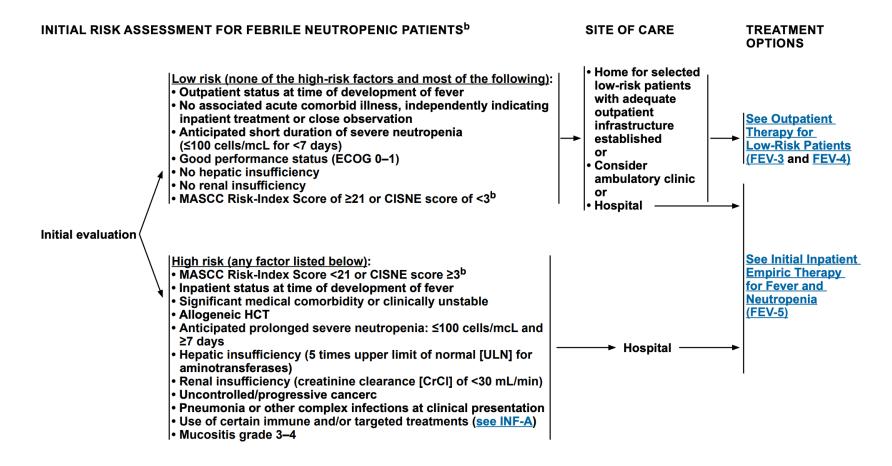
MASCC Risk-Index Score/Model ^{1,2}		
<u>Characteristic</u>	<u>Weight</u>	
 Burden of illness 		
No or mild symptoms	5	
Moderate symptoms	3	
 No hypotension 	5	
• No COPD	4	
 Solid tumor or hematologic malignancy with no previous fungal infection 	4	
 No dehydration 	3	
 Outpatient status 	3	
• Age <60 years	2	

General risk groups

Low risk

- Severely neutropenic (ANC < 500 cells/µL) < 7 days
- MASCC score > 21
- No comorbidities or renal/hepatic dysfunction
- Includes most patients receiving chemotherapy for solid tumors
- High-risk
 - Severely neutropenic (ANC < 500 cells/µL) > 7 days
 - MASCC score < 21
 - Ongoing comorbidities or other risk factors

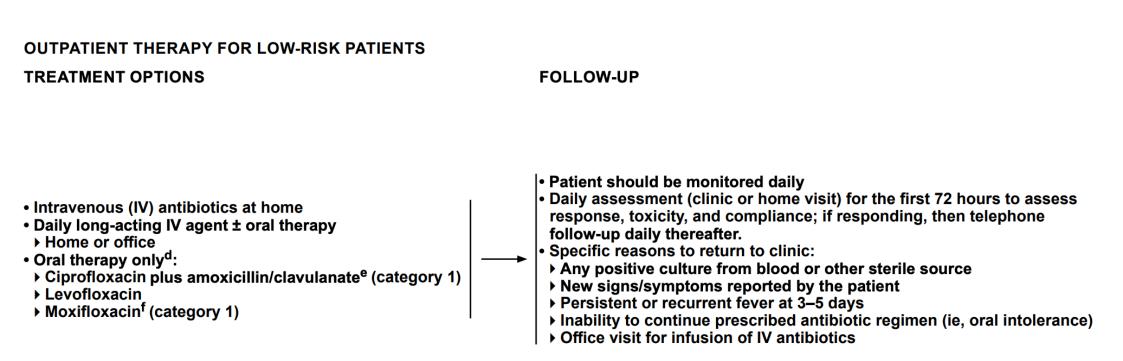
Risk stratification



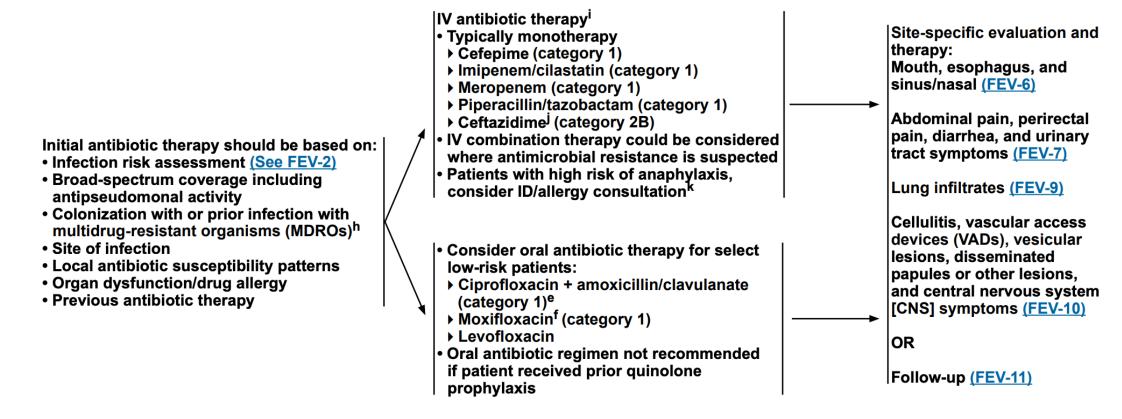
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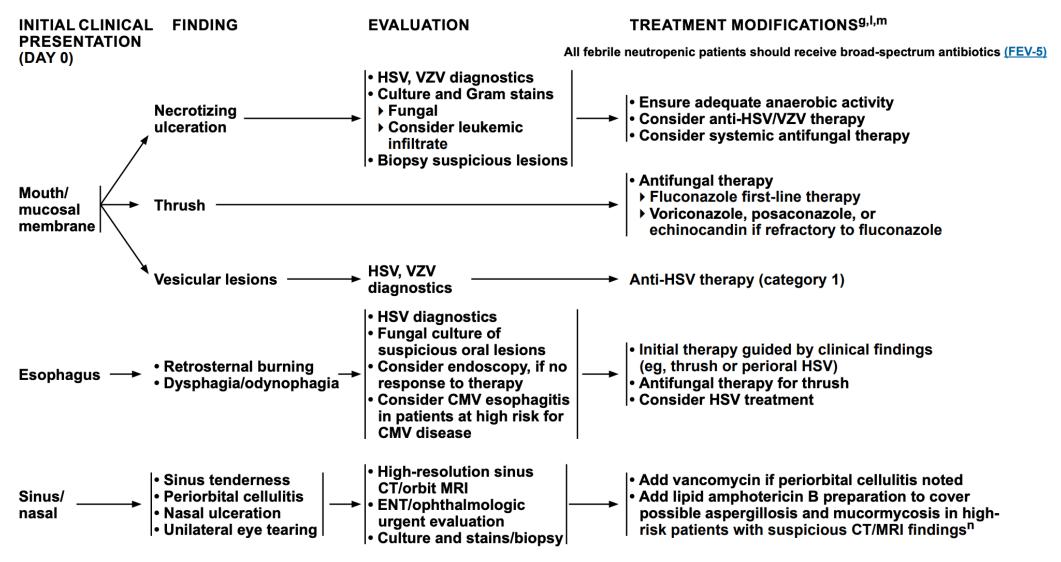
Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

Outpatient management: Low risk



INITIAL INPATIENT EMPIRIC THERAPY FOR FEVER AND NEUTROPENIA^g



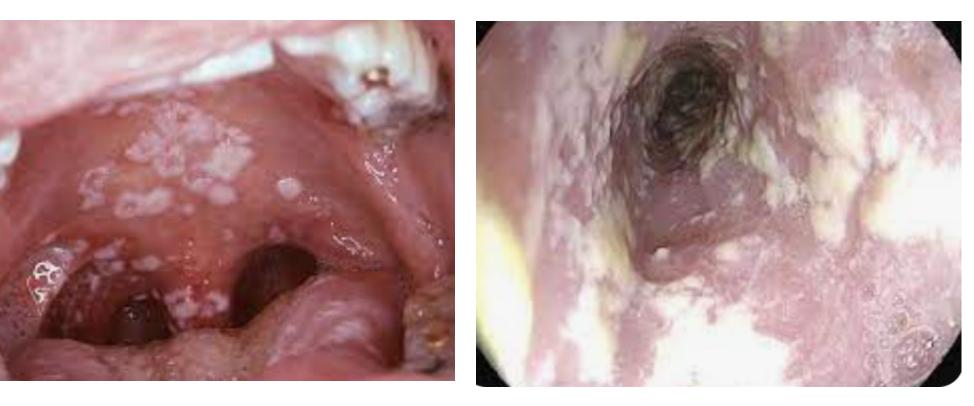


⁹See Antibacterial Agents (FEV-A) for dosing, spectrum, and specific comments/cautions.

¹See Antifungal Agents (FEV-B) for dosing, spectrum, and specific comments/cautions.

^m See Antiviral Agents (FEV-C) for dosing, spectrum, and specific comments/cautions.

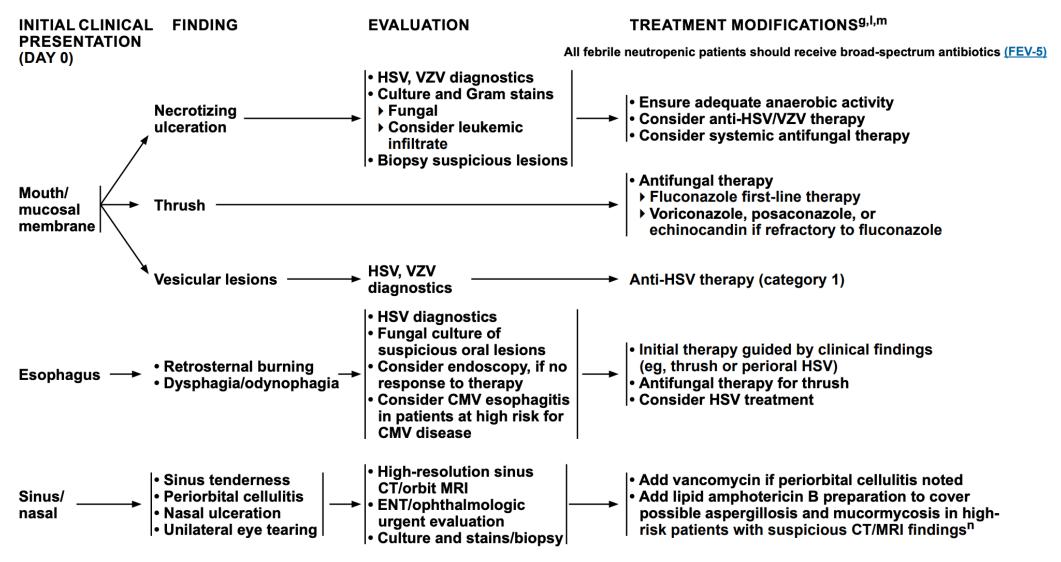
ⁿPosaconazole or isavuconazonium sulfate can be considered for patients who have invasive, refractory infections or who have intolerance to amphotericin B formulations. Posaconazole is not approved by the FDA as primary therapy or secondary therapy for refractory invasive fungal infections.



Vesicular lesions







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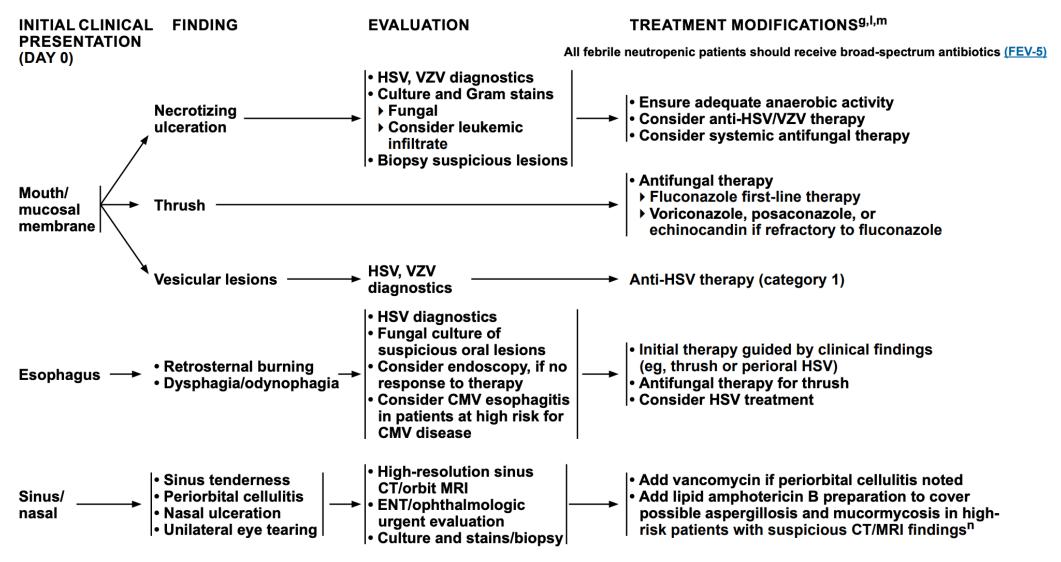
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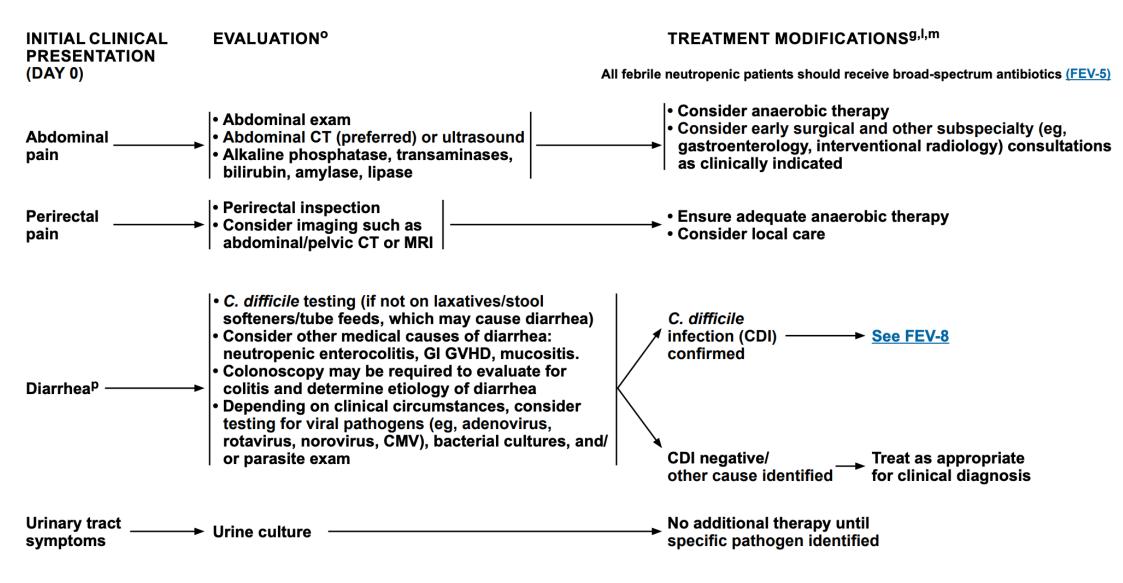
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Periorbital swelling → aggressive fungal disease

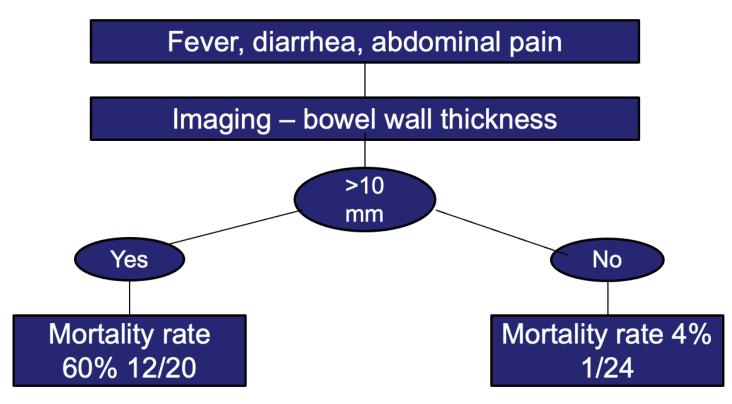


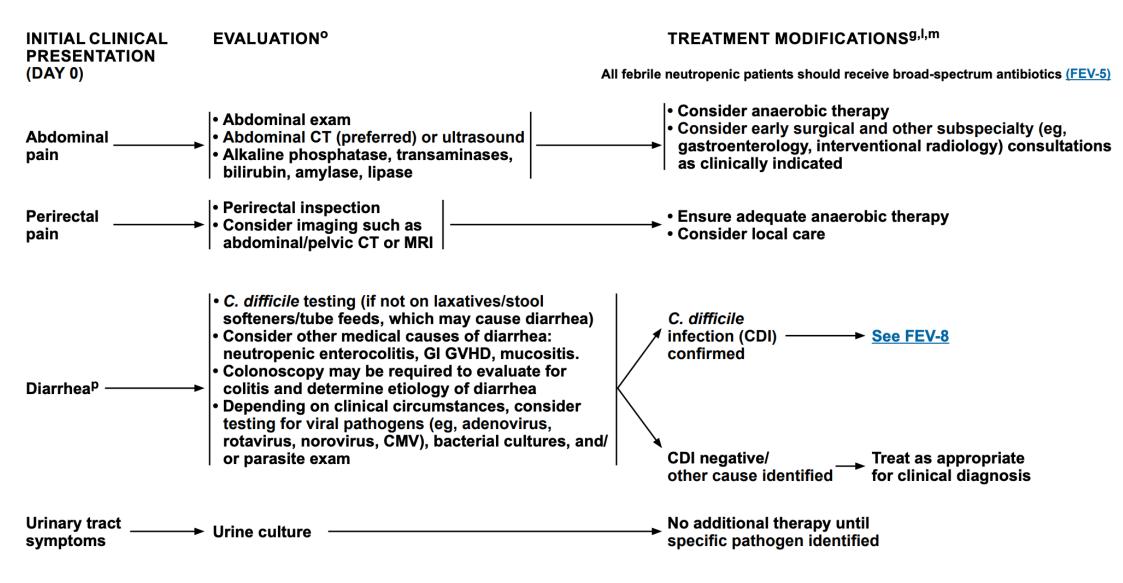
Rhinocerebral mucormycosis evolution over 24 hours in a neutropenic patient

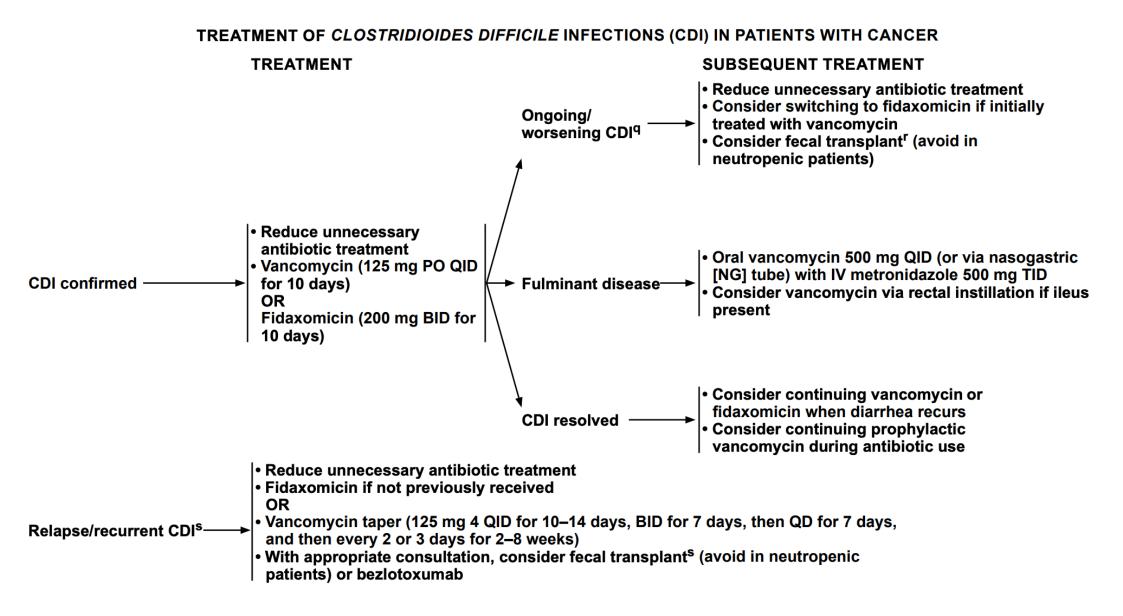


Neutropenic enterocolitis (typhlitis)

Clinical Features







INITIAL CLINICAL PRESENTATION (DAY 0)	EVALUATION ^{t,u}	TREATMENT MODIFICATIONS ^{g,I,m} All febrile neutropenic patients should receive broad-spectrum antibiotics (<u>FEV-5</u>)
Lung infiltrates	 Blood and sputum cultures Consider depending on risk: Nasopharyngeal swab for respiratory viruses, rapid tests^V including SARS-CoV-2 Legionella urine antigen test Serum galactomannan in patients at risk for mold infections [See Intermediate to High-Risk Patients on (INF-1)] CT of chest to better define infiltrates Bronchoalveolar lavage (BAL), including galactomannan and special stains or molecular techniques for identification of additional viral, protozoal, fungal, mycobacterial, and bacterial pathogens, particularly if no response to initial therapy or if diffuse infiltrates present Consider diagnostic lung biopsy β-glucan test for PJP 	 Consider adding coverage for atypical bacteria (azithromycin, doxycycline, or fluoroquinolone) Consider adding: Mold-active antifungal agent [See Intermediate to High-Risk Patients on (INF-1)] Antiviral therapy during influenza season in local area^w TMP/SMX if possible <i>Pneumocystis jirovecii</i> etiology Vancomycin or linezolid if MRSA suspected Re-evaluate for ability to de-escalate

Pre-engraftment infections: pneumonia

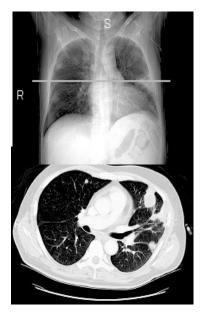
Consolidation



Acute Bacterial Thromboembolic Hemorrhage Sub-acute Bacterial (resistant) Fungal Nocardia Tuberculosis Tumor (Late PCP, radiation, Drug-induced) BOOP Peribronchovascular infiltrates

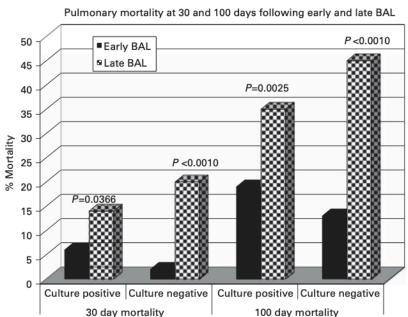


Acute Pulmonary edema Leukagglutination rxns Engraftment rxns DAH Sub-acute Viral PCP Radiation Drug-induced **Nodular infiltrates**



Acute Bacterial (Pseudomonas, S. aureus) Sub-acute Fungal Nocardia Tuberculosis (PCP) Tumor

Bronchoscopy: Timing is critical



501 consecutive allo HSCT patients

Figure 1 Pulmonary mortality at 30 and 100 days following early and late bronchoalveolar lavage (BAL). Significantly lower mortality rates were observed when a diagnosis of infection was confirmed by early fiberoptic bronchoscopy (FOB; black bars) compared to late examinations (checkered bars). Early culture-negative FOBs were also associated with lower mortality rates compared to late culture-negative exams. These findings were true for both 30- and 100-day mortality rates.

Shannon VR et al. Bone Marrow Transplant 2010; 45:647-655.



- Identifying uncommon pathogens and unsuspected pathogens requiring unique therapy
- Administering correct therapy
- **Discontinuing inappropriate therapy**
- **Determining duration of therapy**
- Modifying intensity of therapy (dose, combination)
- **Preventing spread of MDR pathogens** to other patients

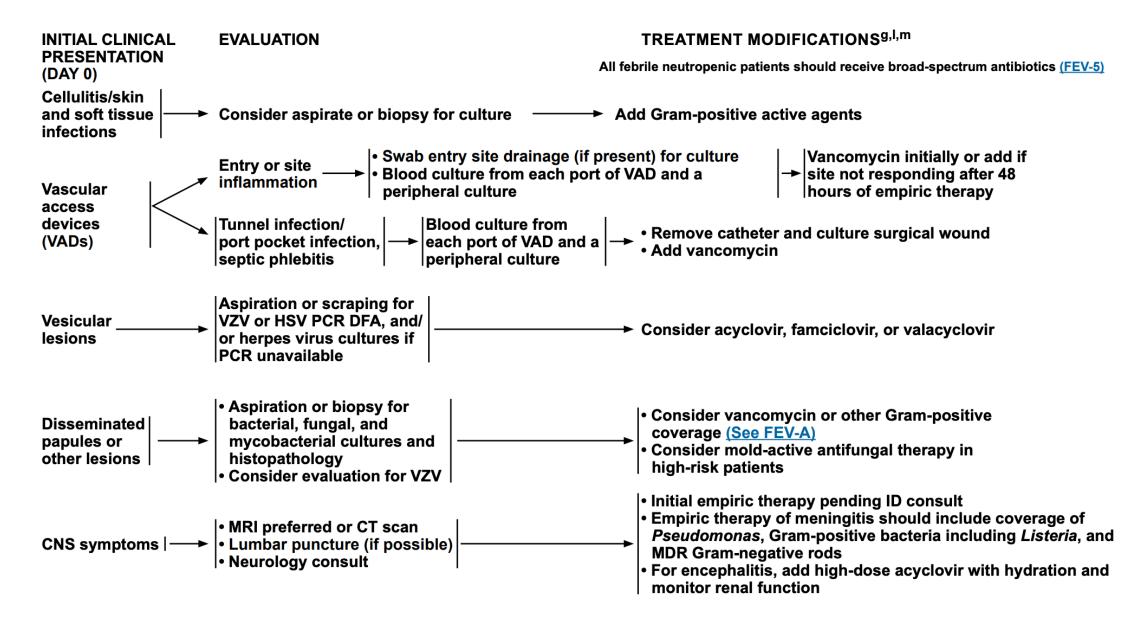
Early= within 4 days Late > 4 days.

Highest yield in first 24h

44

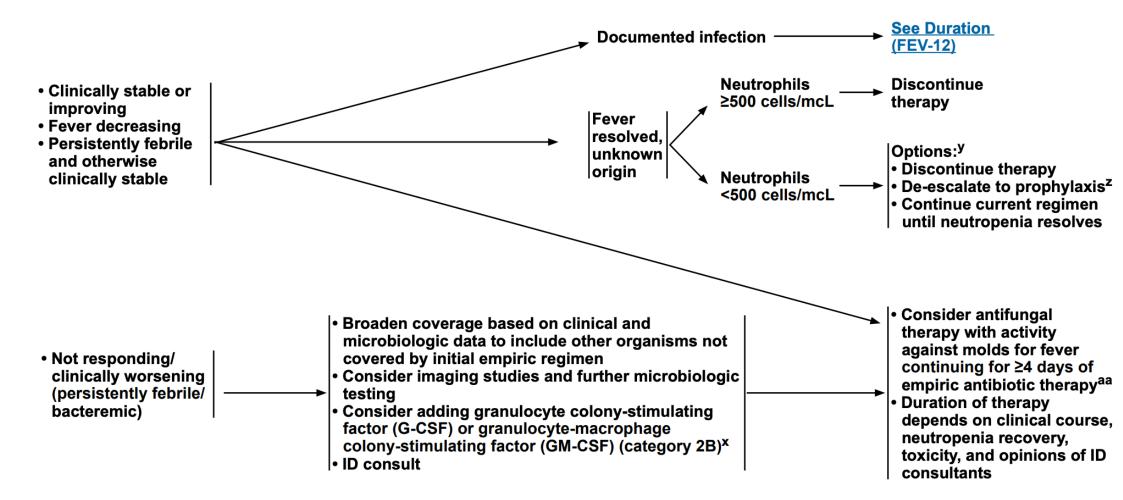
Community respiratory viruses

- Influenza, parainfluenza, RSV, human meta-pneumovirus, SARS.CoV-2
 - Nasopharyngeal wash for respiratory viral panel
 - Sinus/chest CT
 - Respiratory isolation
 - Virus-specific management, delay chemotherapy if possible



RESULTS OF DAILY MONITORING

FOLLOW-UP THERAPY



SUGGESTED MINIMUM DURATION OF THERAPY FOR DOCUMENTED INFECTION^{9,1,m} FOLLOW-UP THERAPY FOR **RESPONDING DISEASE** These are general guidelines for patients with uncomplicated disease and may need to be revised for individual patients. Treatment duration can be modified depending on infection severity and patient factors. Skin/soft tissue: 5–14 days Bloodstream infection → Gram-negative: 7–14 days Targeted treatment of documented infections should be done → Gram-positive: 7–14 days • S. aureus: typically requires 4 weeks after first negative blood culture; ID consult Reassessment of empiric broadspectrum therapy advised **De-escalation and duration of** Yeast: ≥2 weeks after first negative blood culture Catheter removal favored for bloodstream infections with Candida or other antimicrobial therapy may be individualized based on: yeasts, S. aureus, Pseudomonas aeruginosa, Corynebacterium jeikeium, Documented Neutrophil recovery Acinetobacter spp., Bacillus spp., atypical mycobacteria, molds, vancomycinresistant enterococci (VRE), Stenotrophomonas maltophilia, and other MDROs infection Rapidity of defervescence Specific site of infection Bacterial sinusitis: 7–14 davs Infecting pathogen Bacterial pneumonia: 5–14 days • Fungal (mold and yeast): Patient's underlying illness Catheter removal for septic • Candida: minimum of 2 weeks after first negative blood culture phlebitis, tunnel infection, or port • Mold (eg, Aspergillus): minimum of 12 weeks pocket infection Viral: HSV/VZV: 7–10 days (category 1); acyclovir, valacyclovir, or famciclovir (uncomplicated, localized disease to the skin)

► Influenza: a minimum 5-day course of oseltamivir^{bb}

⁹See Antibacterial Agents (FEV-A) for dosing, spectrum, and specific comments/cautions.

^I See Antifungal Agents (FEV-B) for dosing, spectrum, and specific comments/cautions.

^m See Antiviral Agents (FEV-C) for dosing, spectrum, and specific comments/cautions. The antivirals are not equal in terms of efficacy, side effects, and resistance.

^{bb} A minimum 5-day course is standard based on data from ambulatory and otherwise healthy individuals with intact immune systems; some centers consider longer courses or higher doses (eg, 150 mg) for the highly immunocompromised, but there is no proven benefit to prolonged therapy.

48

Persistent neutropenic fever

